

Student Voices: Using My Goals Transcript

Narrator: Student Voices: Using My Goals. Speaker: Diego Munoz. Mt. San Jacinto Community College.

Diego: The My Goals tab is exactly how it sounds. You can make goals for your academic and college and your professional careers, including financial aid to give you structure and peace of mind for your future. Each category has a section that allows users to write out their goals. And if you don't have any goals and you're like me and you struggle with like journal prompts, the website will give you those sort of prompts and you can base everything off of those. So they could be simple, multi-layered questions, or they could be simple one sentence questions. So once you create your goal, you can also ask questions about said goal to make sure that it's a rock solid. Like, how will I reach this goal? Is this goal something that's actually attainable?

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End of: Student Voices: Using My Goals

Video Duration: 00:56